

*Freedom Soccer is...*



**Forming Friendships**

**Building Relationships**



**Promoting  
Creativity**



**Developing  
Passion**



**Providing a Fun and  
Challenging Environment**



*Freedom  
Juniors  
Soccer  
Program*

[www.freedom-na.com](http://www.freedom-na.com)



## Freedom Juniors

The Freedom Juniors program is an extension of the Freedom Girls' Soccer Club. Freedom Juniors is not a team, it is a soccer specific training environment for young players who desire to improve their soccer skills, understanding, and enjoyment of the game. The Freedom Juniors program is an advanced program, which will help players prepare for playing select soccer in the future. This is a supplement to recreation soccer.

## Who

It is recommended for all children 6-11 years who enjoy playing soccer and want to improve their soccer skills.

## Purpose of Freedom Juniors

The focus of the program is to help children develop the technical foundation needed to enjoy and play the game of soccer at the next level. This will be accomplished by placing the players in an age appropriate soccer environment. The emphasis will be fun and individual technical development.

Training will focus on improving dribbling, shooting, passing, ball control and other technical skills. Creativity will be encouraged. Included in the sessions will be activities to improve decision-making, foot speed, balance and coordination. Small-sided games will also be utilized to encourage skill application and promote team play.

## The Director

**Ian Peña**, the Freedom Girls' Director of Coaching and Player Development, is a USSF "A" Licensed coach, Olympic Development Program State and Regional coach, Ohio South 2006 Girls' Coach of the Year, and Ohio South License Instructor. Ian played in Trinidad and during college. His coaching experience has been at many levels including college and high school.

**Dates:** Sept. 13, 20, 27 Oct. 4, 11, 18

**Time:** 5:00 to 6:00 PM

**Location:** Quest Community Church  
4877 Central College Rd.  
Westerville, Ohio 43081

Located just west of Hamilton and Central College Rd.

**Cost:** \$75. (Includes a Freedom Jr. t-shirt.)

**Each player must bring a size 4 soccer ball, water, and wear appropriate soccer gear.**

Registrations are due **9/08/09**.

Detach and complete the form. Mail the form along with a check in the amount of **\$75**.  
(payable to **Freedom Girls' Soccer Club**)

to:

**Freedom Girls' Soccer Club**  
**PO Box 356**  
**New Albany, OH 43054**

Direct questions to Ian Peña at

[freedomsoccr@yahoo.com](mailto:freedomsoccr@yahoo.com)

Name \_\_\_\_\_ Shirt Size \_\_\_\_\_ DOB \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Parent/Guardian \_\_\_\_\_  
Phone (H): \_\_\_\_\_ (Cell/W): \_\_\_\_\_ Email: \_\_\_\_\_  
Emergency Contact (if different) \_\_\_\_\_ Phone (H) \_\_\_\_\_ (W) \_\_\_\_\_  
Indicate any existing injuries or medical conditions \_\_\_\_\_  
I hereby authorize the director and coaches associated with the Freedom Girls' Soccer Club to Act on my child's behalf according to their best judgment in any incident or emergency requiring medical or other attention. I waive and release the Freedom Girls' Soccer Club, its director, coaches, employees, facility owners, employees or anyone related, from any injuries, illness, losses or damages of any kind to person or personal property incurred in this program.  
Parent/Guardian Signature \_\_\_\_\_